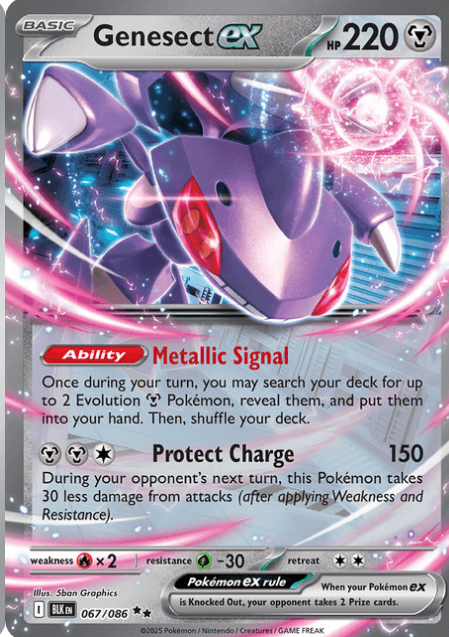




STAGE 1 **Metang** **HP 100** 

Evolves from Beldum



NO. 0375 Iron Claw Pokémon HT. 3'11" WT. 445 lbs.

Ability **Metal Maker**

Once during your turn, you may look at the top 4 cards of your deck and attach any number of Basic  Energy cards you find there to your Pokémon in any way you like. Shuffle the other cards and put them on the bottom of your deck.

   **Beam** **60**

weakness  **x2** **resistance**  **-30** **retreat**  

Illus. Nabuhira Imagawa

H **TEF** **174/162** 

Two Beldum have become stuck together via their own magnetic forces. With two brains, the resulting Metang has doubled psychic powers.

©2004 Pokémon / Nintendo / Creatures / GAMESERIAL

STAGE 1 **Metang** **HP 100**

Evolves from Beldum

NO. 0375 Iron Claw Pokémon HT: 3'11" WT: 446.4 lbs.

Ability **Metal Maker**

Once during your turn, you may look at the top 4 cards of your deck and attach any number of Basic Energy cards you find there to your Pokémon in any way you like. Shuffle the other cards and put them on the bottom of your deck.

Beam **60**

weakness ×2 resistance -30 retreat

Illus. Nabunra Imagawa

H **1st Edition** 174/162

©2010 Pokémon / Nintendo / Creatures / GAMESERIES

BASIC

Shaymin

HP 80

NO. 0492 Gratitude Pokémon. HT: 8" WT: 4.6 lbs.

Ability

Flower Curtain

Prevent all damage done to your Benched Pokémon that don't have a Rule Box by attacks from your opponent's Pokémon. (Pokémon **EX**, Pokémon **V**, etc. have Rule Boxes.)

★★

Smash Kick

30

weakness

×2

resistance

retreat

★

illus. Iano

1010/182

The blooming of Gracidea flowers confers the power of flight upon it. Feelings of gratitude are the message it delivers.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Boss's Orders

Ghetsis

Switch in 1 of your opponent's Benched Pokémon to the Active Spot.

illus. NC Empire

114/132

You may play only 1 Supporter card during your turn.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Brock's Scouting

Search your deck for up to 2 Basic Pokémon or 1 Evolution Pokémon, reveal them, and put them into your hand. Then, shuffle your deck.

illus. Teezro

146/159

You may play only 1 Supporter card during your turn.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Brock's Scouting

Search your deck for up to 2 Basic Pokémon or 1 Evolution Pokémon, reveal them, and put them into your hand. Then, shuffle your deck.

illus. Teezro

146/159

You may play only 1 Supporter card during your turn.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

illus. AYUMI ODASHIMA

144/162

You may play any number of Item cards during your turn.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

illus. AYUMI ODASHIMA

144/162

You may play any number of Item cards during your turn.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

illus. AYUMI ODASHIMA

144/162

You may play any number of Item cards during your turn.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

illus. AYUMI ODASHIMA

144/162

You may play any number of Item cards during your turn.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Stadium

TRAINER

Gravity Mountain

Each Stage 2 Pokémon in play (both yours and your opponent's) gets -30 HP.

illus. AYUMI ODASHIMA

177/191

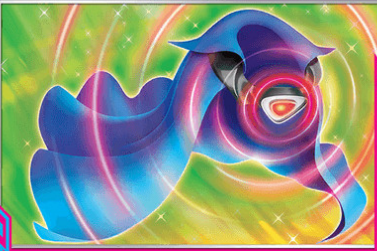
You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Pokémon Tool

TRAINER

Hero's Cape



The Pokémon this card is attached to gets +100 HP.

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

Illustration by Toyotsu Beach

MEGA 152/162

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Jumbo Ice Cream



Heal 80 damage from your Active Pokémon that has 3 or more Energy attached.

You may play any number of Item cards during your turn.

Illustration by AYUMI ODASHIMA

PFL 091/094

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Jumbo Ice Cream



Heal 80 damage from your Active Pokémon that has 3 or more Energy attached.

You may play any number of Item cards during your turn.

Illustration by AYUMI ODASHIMA

PFL 091/094

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Kieran



Choose 1:

- Switch your Active Pokémon with 1 of your Benched Pokémon.
- During this turn, attacks used by your Pokémon do 30 more damage to your opponent's Active Pokémon **EX** and Active Pokémon **V** (before applying Weakness and Resistance).

You may play only 1 Supporter card during your turn.

Illustration by GIDORA

MEGA 154/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Kieran



Choose 1:

- Switch your Active Pokémon with 1 of your Benched Pokémon.
- During this turn, attacks used by your Pokémon do 30 more damage to your opponent's Active Pokémon **EX** and Active Pokémon **V** (before applying Weakness and Resistance).

You may play only 1 Supporter card during your turn.

Illustration by GIDORA

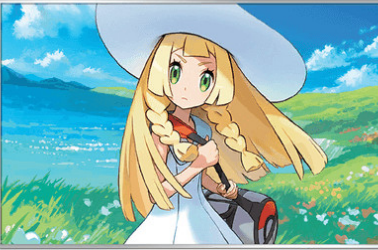
MEGA 154/167

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Lillie's Determination



Shuffle your hand into your deck. Then, draw 6 cards. If you have exactly 6 Prize cards remaining, draw 8 cards instead.

You may play only 1 Supporter card during your turn.

Illustration by Atsushi Furusawa

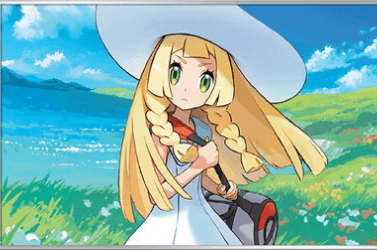
MEGA 119/132

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Supporter

TRAINER

Lillie's Determination



Shuffle your hand into your deck. Then, draw 6 cards. If you have exactly 6 Prize cards remaining, draw 8 cards instead.

You may play only 1 Supporter card during your turn.

Illustration by Atsushi Furusawa

MEGA 119/132

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Pokégear 3.0



Look at the top 7 cards of your deck. You may reveal a Supporter card you find there and put it into your hand. Shuffle the other cards back into your deck.

You may play any number of Item cards during your turn.

Illustration by Toyotsu Beach

SV 186/198

©2023 Pokémon / Nintendo / Creatures / GAME FREAK

Item

TRAINER

Pokégear 3.0



Look at the top 7 cards of your deck. You may reveal a Supporter card you find there and put it into your hand. Shuffle the other cards back into your deck.

You may play any number of Item cards during your turn.

Illustration by Toyotsu Beach

SV 186/198

©2023 Pokémon / Nintendo / Creatures / GAME FREAK

