



STAGE 1 **Metang** **HP 100** 

Evolves from Beldum



NO. 0375 Iron Claw Pokémon HT. 3'11" WT. 445 lbs.

Ability **Metal Maker**

Once during your turn, you may look at the top 4 cards of your deck and attach any number of Basic  Energy cards you find there to your Pokémon in any way you like. Shuffle the other cards and put them on the bottom of your deck.

   **Beam** **60**

weakness  **x2** **resistance**  **-30** **retreat**  

Illus. Nabuhira Imagawa

H **TEF** **174/162** 

Two Beldum have become stuck together via their own magnetic forces. With two brains, the resulting Metang has doubled psychic powers.

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BASIC

Shaymin

HP 80

NO. 0492 Gratitude Pokémon. HT: 8" WT: 4.6 lbs.

Ability

Flower Curtain

Prevent all damage done to your Benched Pokémon that don't have a Rule Box by attacks from your opponent's Pokémon. (Pokémon **EX**, Pokémon **V**, etc. have Rule Boxes.)

★ ★

Smash Kick

30

weakness

×2

resistance

retreat

★

illus. Iano

010/182

The blooming of Gracidea flowers confers the power of flight upon it. Feelings of gratitude are the message it delivers.

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Supporter

TRAINER

Boss's Orders

Ghetsis

Switch in 1 of your opponent's Benched Pokémon to the Active Spot.

illus. NC Empire

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You may play only 1 Supporter card during your turn.

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Supporter

TRAINER

Brock's Scouting

Search your deck for up to 2 Basic Pokémon or 1 Evolution Pokémon, reveal them, and put them into your hand. Then, shuffle your deck.

illus. Tezairo

146/159

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146/159

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Item

TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

illus. AYUMI ODASHIMA

144/162

You may play any number of Item cards during your turn.

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Item

TRAINER

Energy Recycler

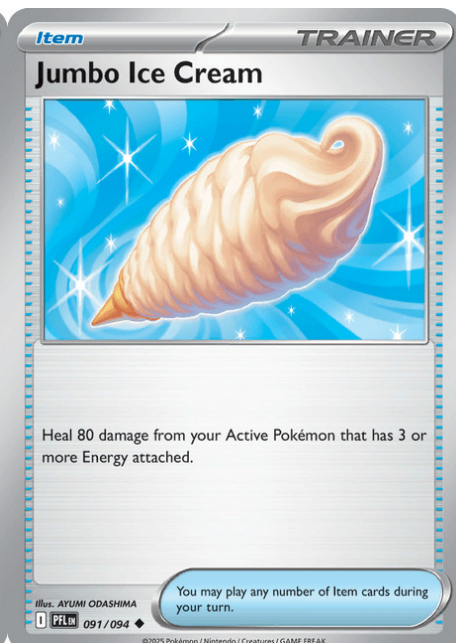
Shuffle up to 5 Basic Energy cards from your discard pile into your deck.

illus. Toyote Beach

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TRAINER

TRAINER

**TRAINER**

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TRAINER**TRAINER****TRAINER**

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TRAINER

TRAINER

ENERGY

You may play only 1 Supporter card during your turn.

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