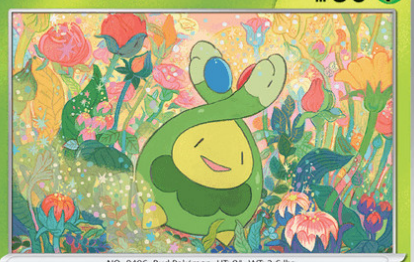
BASIC **Budew** HP 30



NO. 0406 Bud Pokémon HT: 8" WT: 2.6 lbs.

Itchy Pollen 10
During your opponent's next turn, they can't play any Item cards from their hand.

weakness ×2 | resistance | retreat

Illus. Yoriyuki Ikegami
H ASC EN 016/217 ●

The pollen it releases contains poison. If this Pokémon is raised on clean water, the poison's toxicity is increased.

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BASIC **Fezandipiti ex** HP 210

Ability **Flip the Script**
Once during your turn, if any of your Pokémon were Knocked Out during your opponent's last turn, you may draw 3 cards. You can't use more than 1 Flip the Script Ability each turn.

Cruel Arrow 100
This attack does 100 damage to 1 of your opponent's Pokémon. *(Don't apply Weakness and Resistance for Benched Pokémon.)*

weakness ×2 | resistance | retreat

Illus. takuyoo
H ASC EN 142/217 ★

Pokémon ex rule When your Pokémon ex is Knocked Out, your opponent takes 2 Prize cards.

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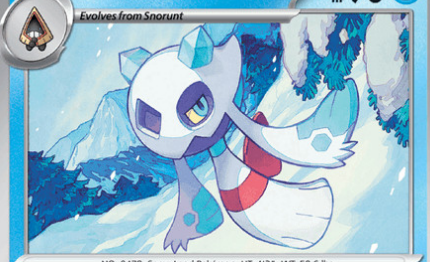
STAGE 1 **Froslass** HP 90
Evolves from Snorunt



NO. 0478 Snow Land Pokémon HT: 4'3" WT: 58.6 lbs.

Ability **Freezing Shroud**
During Pokémon Checkup, put 1 damage counter on each Pokémon that has an Ability *(both yours and your opponent's)*, except any Froslass.

Frost Smash 60

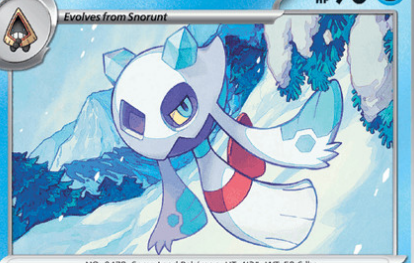
weakness ×2 | resistance | retreat

Illus. Makura Tami
H TWM EN 053/167 ★

It freezes prey by blowing its –58 degree Fahrenheit breath. It is said to then secretly display its prey.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1 **Froslass** HP 90
Evolves from Snorunt



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H TWM EN 053/167 ★

It freezes prey by blowing its –58 degree Fahrenheit breath. It is said to then secretly display its prey.

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STAGE 1 **Mega Froslass ex** HP 310
Evolves from Snorunt
The Mega-Evolved form of Froslass

Resentful Refrain 50×
This attack does 50 damage for each card in your opponent's hand.

Absolute Snow 150
Your opponent's Active Pokémon is now Asleep.

weakness ×2 | resistance | retreat

Illus. 5ban Graphics
I ASC EN 047/217 ★★

Mega Evolution ex rule When your Mega Evolution Pokémon ex is Knocked Out, your opponent takes 3 Prize cards.

©2026 Pokémon / Nintendo / Creatures / GAME FREAK

STAGE 1 **Mega Froslass ex** HP 310
Evolves from Snorunt
The Mega-Evolved form of Froslass

Resentful Refrain 50×
This attack does 50 damage for each card in your opponent's hand.

Absolute Snow 150
Your opponent's Active Pokémon is now Asleep.

weakness ×2 | resistance | retreat

Illus. 5ban Graphics
I ASC EN 047/217 ★★

Mega Evolution ex rule When your Mega Evolution Pokémon ex is Knocked Out, your opponent takes 3 Prize cards.

©2026 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Meowth ex** HP 170

Ability **Last-Ditch Catch**
Once during your turn, when you play this Pokémon from your hand onto your Bench, you may use this Ability. Search your deck for a Supporter card, reveal it, and put it into your hand. Then, shuffle your deck. You can't use more than 1 Ability that has "Last-Ditch" in its name each turn.

Tuck Tail 60
Put this Pokémon and all attached cards into your hand.

weakness ×2 | resistance | retreat

Illus. 5ban Graphics
J POR EN 062/088 ★★

Pokémon ex rule When your Pokémon ex is Knocked Out, your opponent takes 2 Prize cards.

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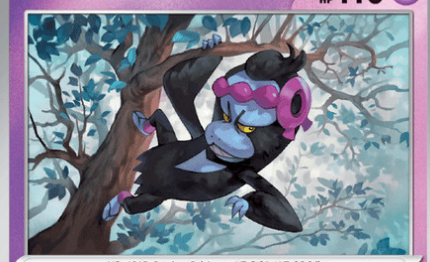
BASIC **Munkidori** HP 110



NO. 1015 Retainer Pokémon HT: 3'3" WT: 26.9 lbs.

Ability **Adrena-Brain**
Once during your turn, if this Pokémon has any Energy attached, you may move up to 3 damage counters from 1 of your Pokémon to 1 of your opponent's Pokémon.

Mind Bend 60
Your opponent's Active Pokémon is now Confused.

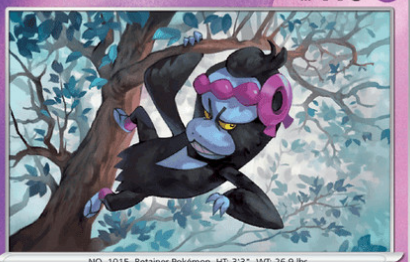
weakness ×2 | resistance -30 | retreat

Illus. kodama
H TWM EN 095/167 ★

Munkidori keeps itself somewhere safe while it toys with its foes, using psychokinesis to induce intense dizziness.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Munkidori** HP 110



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weakness ×2 | resistance −30 | retreat

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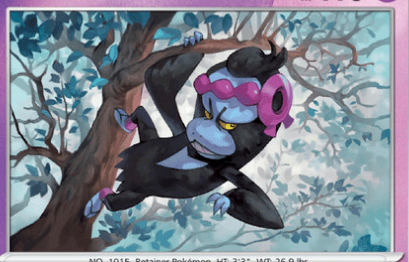

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weakness ×2 | resistance −30 | retreat

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H TWM EN 095/167 ★

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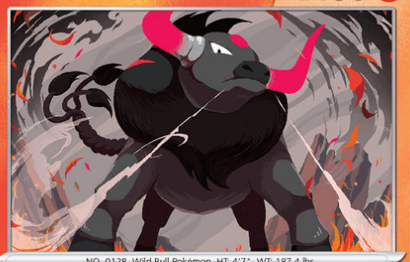
BASIC **Paldean Tauros** HP 130



NO. 0128 Wild Bull Pokémon HT: 4'7" WT: 187.4 lbs.

Rear Kick 30

Spirited Tackle 90+

If your opponent's Active Pokémon is a Stage 1 Pokémon, this attack does 90 more damage.

weakness ×2 | resistance | retreat

Illus. Taiga Kasai

H SSP EN 018/191 ◆

People call this kind of Tauros the Blaze Breed due to the hot air it snorts from its nostrils. Its three tails are intertwined.

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BASIC **Shaymin** HP 80

NO. 0492 Gratitude Pokémon HT: 8" WT: 4.6 lbs.

Ability **Flower Curtain**

Prevent all damage done to your Benched Pokémon that don't have a Rule Box by attacks from your opponent's Pokémon. *(Pokémon ex, Pokémon V, etc. have Rule Boxes.)*

Smash Kick 30

weakness ×2 | resistance | retreat

Illus. tono

I DRI EN 010/182 ◆

The blooming of Gracidea flowers confers the power of flight upon it. Feelings of gratitude are the message it delivers.

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BASIC **Snorunt** HP 70

NO. 0361 Snow Hat Pokémon HT: 2'4" WT: 37 lbs.

Chilly 10

weakness ×2 | resistance | retreat

Illus. Wintr Wandr

I ASC EN 046/217 ●

In some snowy lands, certain folklore says a house will prosper if a Snorunt lives there.

©2026 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Snorunt** HP 70

NO. 0361 Snow Hat Pokémon HT: 2'4" WT: 37 lbs.

Chilly 10

weakness ×2 | resistance | retreat

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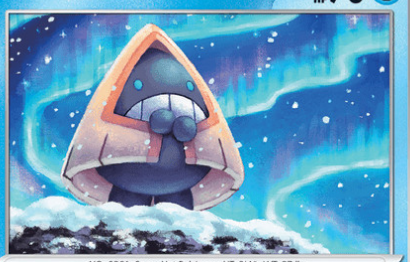

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In some snowy lands, certain folklore says a house will prosper if a Snorunt lives there.

©2026 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC **Wellspring Mask Ogerpon ex** HP 210

Tera

As long as this Pokémon is on your Bench, prevent all damage done to this Pokémon by attacks *(both yours and your opponent's)*.

Sob 20

During your opponent's next turn, the Defending Pokémon can't retreat.

Torrential Pump 100

You may shuffle 3 Energy attached to this Pokémon into your deck. If you do, this attack also does 120 damage to 1 of your opponent's Benched Pokémon. *(Don't apply Weakness and Resistance for Benched Pokémon.)*

weakness ×2 | resistance | retreat

Illus. 5ban Graphics

H TWM EN 064/167 ★

Pokémon ex rule When your Pokémon ex is Knocked Out, your opponent takes 2 Prize cards.

©2024 Pokémon / Nintendo / Creatures / GAME FREAK

BASIC

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During your opponent's next turn, the Defending Pokémon can't retreat.

Torrential Pump 100

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weakness ×2 resistance retreat

Illus. Sban Graphics

Pokémon ex rule: When your Pokémon ex is Knocked Out, your opponent takes 2 Prize cards.

H TWM EN 064/167

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Pokémon Tool TRAINER

Air Balloon

The Retreat Cost of the Pokémon this card is attached to is ★★ less.

Illus. Studio Bora Inc.

I ASC EN 181/217 ◆

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

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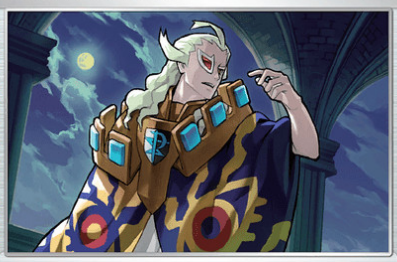
Supporter TRAINER

Boss's Orders

Ghetsis



Switch in 1 of your opponent's Benched Pokémon to the Active Spot.

Illus. NC Empire

I MEG EN 114/132 ◆

You may play only 1 Supporter card during your turn.

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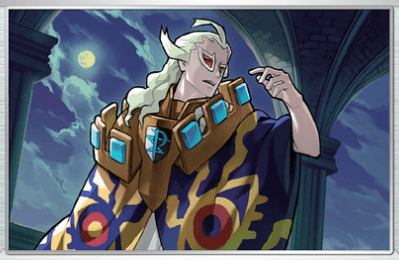
Supporter TRAINER

Boss's Orders

Ghetsis



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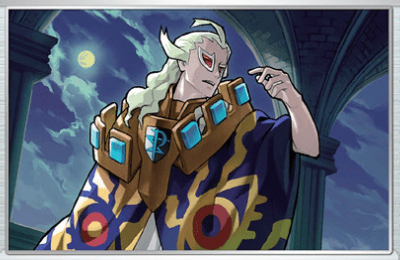

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Illus. NC Empire

I MEG EN 114/132 ◆

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Item TRAINER

Buddy-Buddy Poffin

Search your deck for up to 2 Basic Pokémon with 70 HP or less and put them onto your Bench. Then, shuffle your deck.

Illus. AYUMI ODASHIMA

H TEF EN 144/162 ◆

You may play any number of Item cards during your turn.

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H TEF EN 144/162 ◆

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Pokémon Tool TRAINER

Counter Gain

If you have more Prize cards remaining than your opponent, attacks used by the Pokémon this card is attached to cost ✶ less.

You may attach any number of Pokémon Tools to your Pokémon during your turn. You may attach only 1 Pokémon Tool to each Pokémon, and it stays attached.

Illus. Toyste Beach
H SSP EN 169/191 ◆

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Supporter TRAINER

Crispin

Search your deck for up to 2 Basic Energy cards of different types, reveal them, and put 1 of them into your hand. Attach the other to 1 of your Pokémon. Then, shuffle your deck.

You may play only 1 Supporter card during your turn.

Illus. GIDORA
H SCR EN 133/142 ◆

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H SCR EN 133/142 ◆

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Illus. GIDORA
H SCR EN 133/142 ◆

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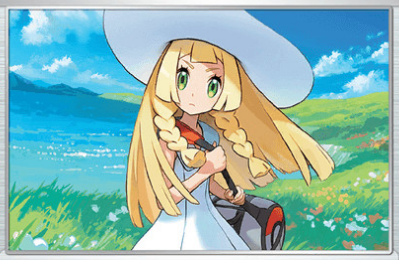
Supporter TRAINER

Lillie's Determination



Shuffle your hand into your deck. Then, draw 6 cards. If you have exactly 6 Prize cards remaining, draw 8 cards instead.

You may play only 1 Supporter card during your turn.

Illus. Atsushi Furusawa
I MEG EN 119/132 ◆

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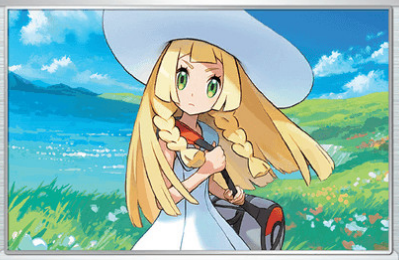
Supporter TRAINER

Lillie's Determination



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Illus. Atsushi Furusawa
I MEG EN 119/132 ◆

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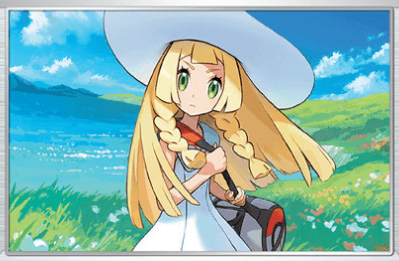
Lillie's Determination



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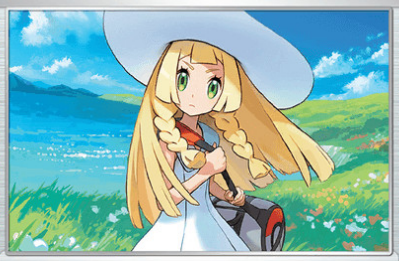
Supporter TRAINER

Lillie's Determination



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Illus. Atsushi Furusawa
I MEG EN 119/132 ◆

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Item TRAINER

Night Stretcher

Put a Pokémon or a Basic Energy card from your discard pile into your hand.

You may play any number of Item cards during your turn.

Illus. Toyste Beach
H ASC EN 196/217 ●

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Item TRAINER

Night Stretcher

Put a Pokémon or a Basic Energy card from your discard pile into your hand.

Illus. Toyste Beach
H ASC EN 196/217 ●

You may play any number of Item cards during your turn.

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Item TRAINER

Poké Pad

Search your deck for a Pokémon that doesn't have a Rule Box, reveal it, and put it into your hand. Then, shuffle your deck. *(Pokémon ex, Pokémon V, etc. have Rule Boxes.)*

Illus. Studio Bora Inc.
J POR EN 081/088 ◆

You may play any number of Item cards during your turn.

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Poké Pad

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Illus. Studio Bora Inc.
J POR EN 081/088 ◆

You may play any number of Item cards during your turn.

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Item TRAINER

Pokégear 3.0

Look at the top 7 cards of your deck. You may reveal a Supporter card you find there and put it into your hand. Shuffle the other cards back into your deck.

Illus. Toyste Beach
G SVI EN 186/198 ●

You may play any number of Item cards during your turn.

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Item TRAINER

Pokégear 3.0

Look at the top 7 cards of your deck. You may reveal a Supporter card you find there and put it into your hand. Shuffle the other cards back into your deck.

Illus. Toyste Beach
G SVI EN 186/198 ●

You may play any number of Item cards during your turn.

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Stadium TRAINER

Risky Ruins

Whenever any player puts a Basic non-● Pokémon onto their Bench during their turn, place 2 damage counters on that Pokémon.

Illus. imoniii
I MEG EN 127/132 ◆

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

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Illus. imoniii
I MEG EN 127/132 ◆

You may play only 1 Stadium card during your turn. Put it next to the Active Spot, and discard it if another Stadium comes into play. A Stadium with the same name can't be played.

©2025 Pokémon / Nintendo / Creatures / GAME FREAK

Item TRAINER

Secret Box

You can use this card only if you discard 3 other cards from your hand.

Search your deck for an Item card, a Pokémon Tool card, a Supporter card, and a Stadium card, reveal them, and put them into your hand. Then, shuffle your deck.

ACE SPEC

You can't have more than 1 **ACE SPEC** card in your deck.

Illus. Toyste Beach
H TWM EN 163/167 ★

You may play any number of Item cards during your turn.

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Item TRAINER

Special Red Card

You can use this card only if your opponent has 3 or fewer Prize cards remaining.

Your opponent shuffles their hand and puts it on the bottom of their deck. If they put any cards on the bottom of their deck in this way, they draw 3 cards.

Illus. Studio Bora Inc.
J CRI EN 082/086 ◆

You may play any number of Item cards during your turn.

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Supporter TRAINER

Team Rocket's Petrel

Search your deck for a Trainer card, reveal it, and put it into your hand. Then, shuffle your deck.

You may play only 1 Supporter card during your turn.

Illus. GOSSAN

1 DRI EN 176/182 ◆

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Supporter TRAINER

Team Rocket's Petrel

Search your deck for a Trainer card, reveal it, and put it into your hand. Then, shuffle your deck.

You may play only 1 Supporter card during your turn.

Illus. GOSSAN

1 DRI EN 176/182 ◆

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Item TRAINER

Ultra Ball

You can use this card only if you discard 2 other cards from your hand.

Search your deck for a Pokémon, reveal it, and put it into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

Illus. Ayaka Yoshida

1 MEG EN 131/132 ●

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Item TRAINER

Ultra Ball

You can use this card only if you discard 2 other cards from your hand.

Search your deck for a Pokémon, reveal it, and put it into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

Illus. Ayaka Yoshida

1 MEG EN 131/132 ●

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Item TRAINER

Ultra Ball

You can use this card only if you discard 2 other cards from your hand.

Search your deck for a Pokémon, reveal it, and put it into your hand. Then, shuffle your deck.

You may play any number of Item cards during your turn.

Illus. Ayaka Yoshida

1 MEG EN 131/132 ●

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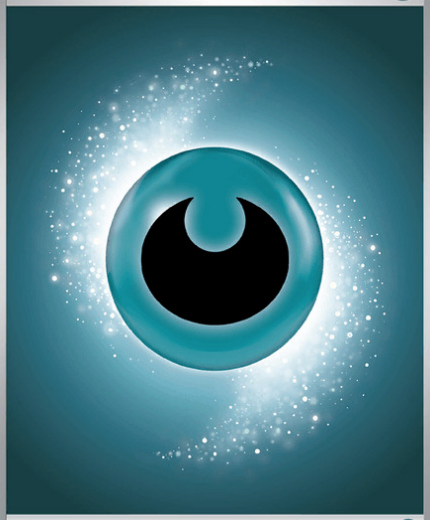
Basic Energy ENERGY

Basic Energy



MEE EN 007

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Basic Energy ENERGY

Basic Energy

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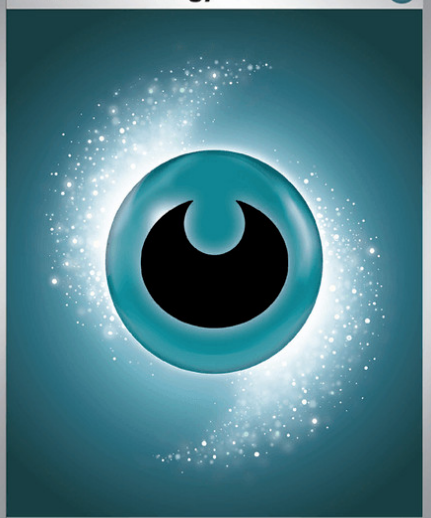

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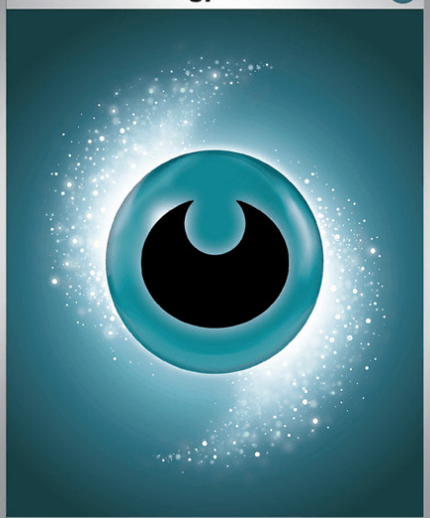
Basic Energy ENERGY

Basic Energy



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